



Beauty is life when life unveils her holy face.
 But you are life and you are the veil.
 Beauty is eternity gazing at itself in a mirror.
 But you are eternity and you are the mirror.

*Kahlil Gibran, The Prophet
 Lebanese artist & poet in US (1883 - 1931)*

Next detox is on February 20

Special gift for your special someone: Give the Gift of Health

Recipes

Energy Movement Classes

Retreats

Spiritual Women Circle

Products

Inspirational Stories



Valentine's Day Special!

Bring this coupon and enjoy a \$100.00 discount off the February 20th BodyWave DETOX program.

Give your partner the gift that will transform their lives.

Call Dr. Ben-Zion at 305-861-9383 and schedule your session.

Dr. Ben Zion's Detoxification program: A 100,000 mile TUNE UP for your body

in just 7 days you will be on your way to increased vitality, balance, weight loss and built a passion for healthy food.

You will be surprised of how amazing you will feel.

You will eat differently, cleanse your liver, colon, gallbladder, kidneys and nerve system.

You can feel the difference instantly.

Join us for a 7 day detox program that will help you get rid of the toxins that infiltrate your body, mind & spirit. Take control of your health, while gaining energy and clarity!

The 7 day guided detox program focuses on nutrition juices and whole foods that will be prepared for your individual needs, personally by Dr. Ben-Zion. Everyday you will meet with

Dr. Ben-Zion for a pep-talk. She will inspire you and answer all your questions. You will meet likeminded individuals who share your passion and there to support you.

COME AND JOIN US. YOU DON'T HAVE TO DO IT ALONE.

NEXT DETOX PROGRAM STARTS FEB 20th

Dr. Ben-Zion 305-861-9383 / drbenzion@holistichealthstudio.com / holistichealthstudio.com

*Do you know a special someone that deserves a special gift this year for valentines' day? I'm sure you know at least one, if not more. Sure, flowers are always a good idea and a dinner out is always appreciated. But, doesn't your loved one deserve something more personal, something that won't wilt and something that lasts longer than an evening? **This year give that special someone and yourself the gift that will improve your well being.***

I'm talking about the gift of renewed health. Improved health is a gift that is invaluable to everyone. Who doesn't want to look better, have more energy, lose some weight and be healthier?

The BodyWave DETOX program is the best way to show your loved one that you care about their well being.

The BodyWave 7-day guided DETOX program focuses on nutritious juices, shakes and organic delicious vegetarian foods that will be specially prepared for you by Dr. Ben-Zion. Every day you will meet with Dr. Etti Ben-Zion for guidance during your detox which includes counseling, moving meditation and breath-work. You will receive four delicious juices a day for five days. On the sixth day you will be given four smoothies packed with super foods and special herbs. On the seventh day you will experience wholesome, delicious and nutritious organic foods.

Join Dr. Etti Ben-Zion and a group of 10 other like minded people on a seven day DETOX journey that will transform your life.

With Love & light,

Dr. Etti Ben-Zion

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[Click Here to View April WorkShop.](#)

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